

After Camp Care: For Caregivers



Staff: How do you engage camper caregivers? We encourage you to spark curiosity in the caregiver to want to learn more about their camper's experience. Remember:

- Campers just experienced an amazing week that has the power to impact their future self
 - Be mindful that it can be difficult to transition back home
 - Consider the level of independence campers just experienced; they were able to see themselves, maybe for the first time, as an individual
 - Campers were able to make their own choices and use their voice
 - They were able to meet people just like them and others different from them.
-

Caregivers: Encourage campers to share their experience. **Ask Open Ended Questions!**

1. What were some of your favorite moments at camp?
2. What surprised you during your camp week?
3. Is there anything you wish you knew before you went to camp?
4. What do you think makes a good friend? How were you a friend to others?
5. Are there moments you think you will remember in 5 years, 10 years, or beyond?
6. What made you laugh the most?
7. What was the most challenging part of camp?
8. Who would be your top three people from camp to share a meal or campfire with?
What is it about them that made you want to spend time with them?