

## *Interconnected EcoSystem: Cultivating Synchrony*

All topics subject to change until finalized

**April 25, 2024 (ET)**

<b>1pm ET</b>	<b>ACH Symposium Welcome &amp; Announcements</b>
<b>1:15pm –2:45pm ET (1.5 Contact Hours)</b>	<b>Title: Camp and Community Synchrony: The Impact on Organizational Wellness</b> <b>Presenters: Laura Blaisdell MD, Stephanie Kassels APRN, Cori Miller LSW</b>  <b>Description:</b> As human beings, we are drawn to connections and relationships with others. We are healthier and happier when we find ourselves living in a way that allows us to grow and learn together. Our minds are stimulated when we are participating in experiences larger than ourselves. This session will outline characteristics that promote synchrony with one another and enhance the operations and structure of camps. This session will expand our view on the spaces we cultivate to promote wellness for all.
<b>2:45 pm – 3.00pm ET</b>	<b>Break</b>
<b>3:00pm – 4:30pm ET (1.5 Contact Hours)</b>	<b>Title: Aligning Perspectives: Understanding Stories of Synchronous Care</b> <b>Presenters: Laura Blaisdell MD, Stephanie Kassels APRN, Cori Miller LSW</b>  <b>Description:</b> A key component of professional learning is being able to hear directly from the individuals you serve. We care for individuals through the programs and connections we design and we promote self-efficacy, growth, and learning in our work. Are we willing to make the necessary changes to create thriving youth environments? Join us for an interactive session that will offer stories and lived experiences where we gain synchrony skills and appreciation for individuals in the community of care.
<b>4:30pm – 4:45 pm ET</b>	<b>Closing</b> <b><a href="#">Evaluation Link</a></b>

**Nurses:** To obtain contact hours for this event –  
Complete the registration process.  
Attend all sessions in the schedule.  
Complete the evaluation form for the sessions.

This nursing continuing professional development activity has been submitted to the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.