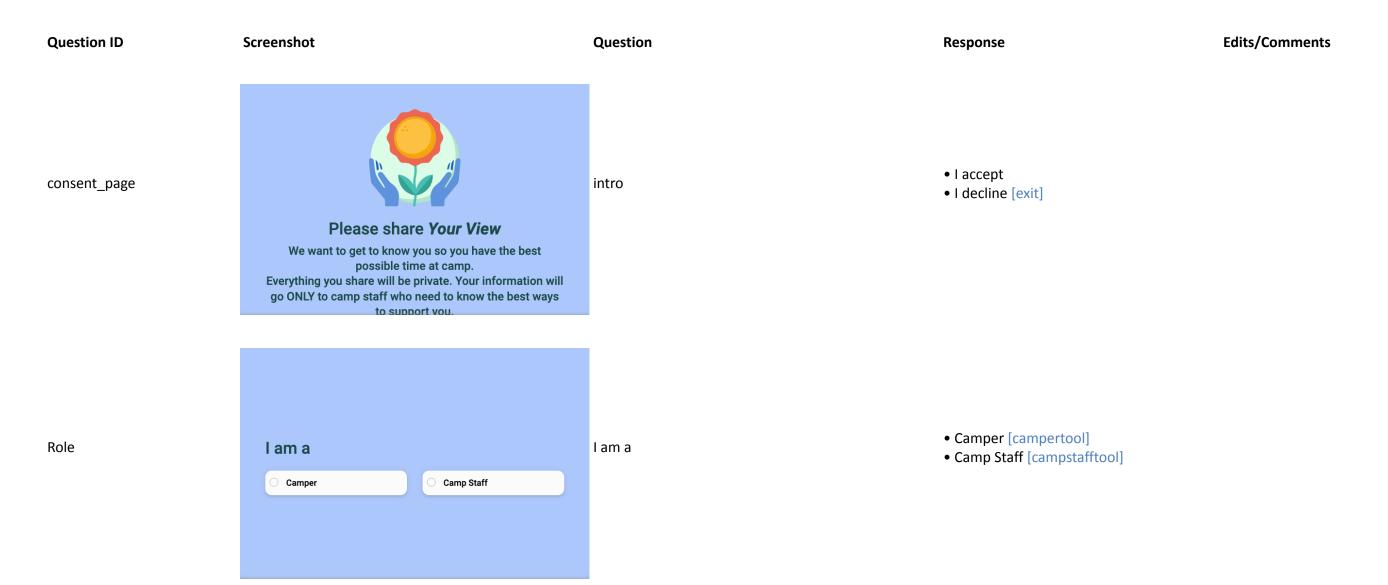
CONFIDENTIALITY NOTICE: This document contains information belonging to the author which may be confidential and legally privileged. This information is only for the use of the entity to which it was intended and should not be distributed.

Tool name: Summer Camp - My View (Staff + Camper)

https://staging.tickitforhealth.com/app/Ne0unbr?identifier=



These things keep me strong Choose as many as you like چ ₩. keep strong staff community family friends school * 3 **C** sports / animals/pets books/reading exercise

if answered [campstafftool]

These things keep me strong

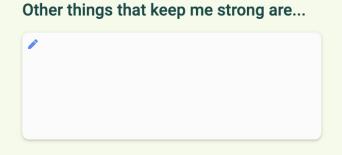
keep_strong_camper



if answered [campertool]

These things keep me strong

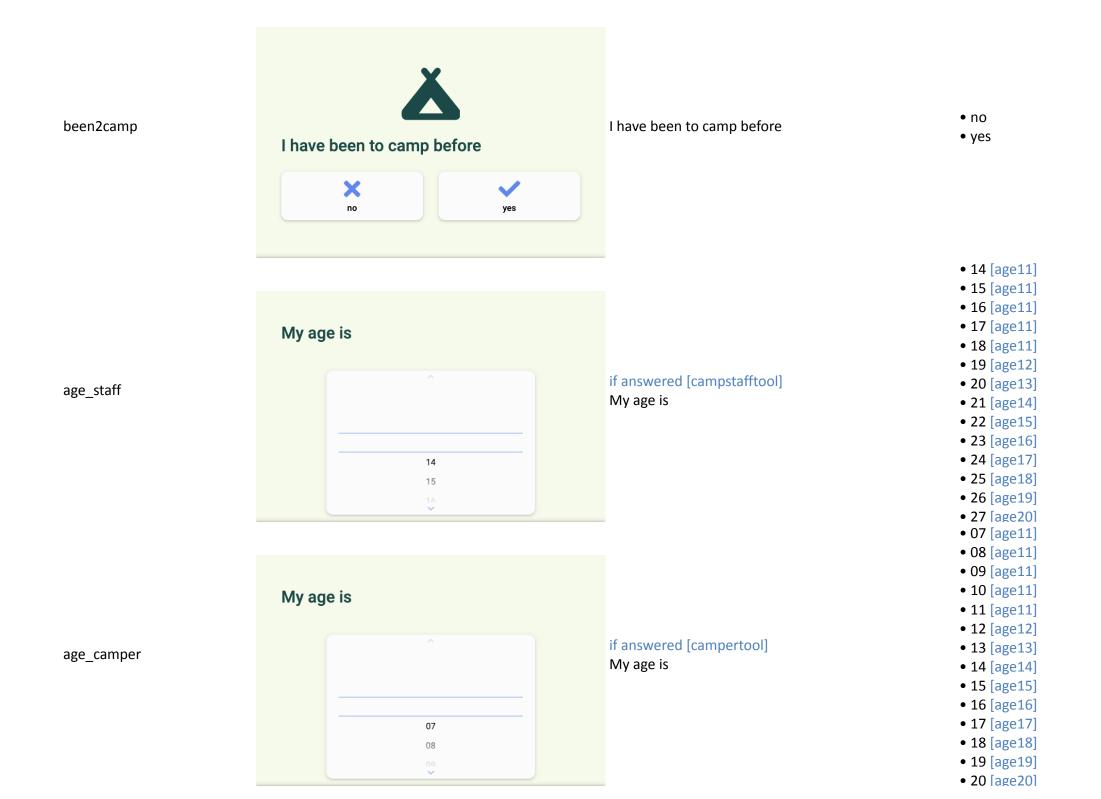
keep strong other



if answered [keepstrongother]

Other things that keep me strong are...

- community Green flag
- family Green flag
- friends Green flag
- school Green flag
- sports / exercise Green flag
- animals/pets Green flag
- books/reading Green flag
- gaming Green flag
- art Green flag
- music Green flag
- eating well Green flag
- spirituality Green flag
- nature Green flag
- coworkers Green flag
- community Green flag
- family Green flag
- friends Green flag
- school Green flag
- sports / exercise Green flag
- art Green flag
- music Green flag
- eating well Green flag
- spirituality Green flag
- nature Green flag
- animals/pets Green flag
- books/reading Green flag
- gaming Green flag
- other [keepstrongother] Green flag





- girl [xdm2c9w]
- boy [3ntr71y]
- non-binary [yc91qb4]
- something else fits better (write it in)

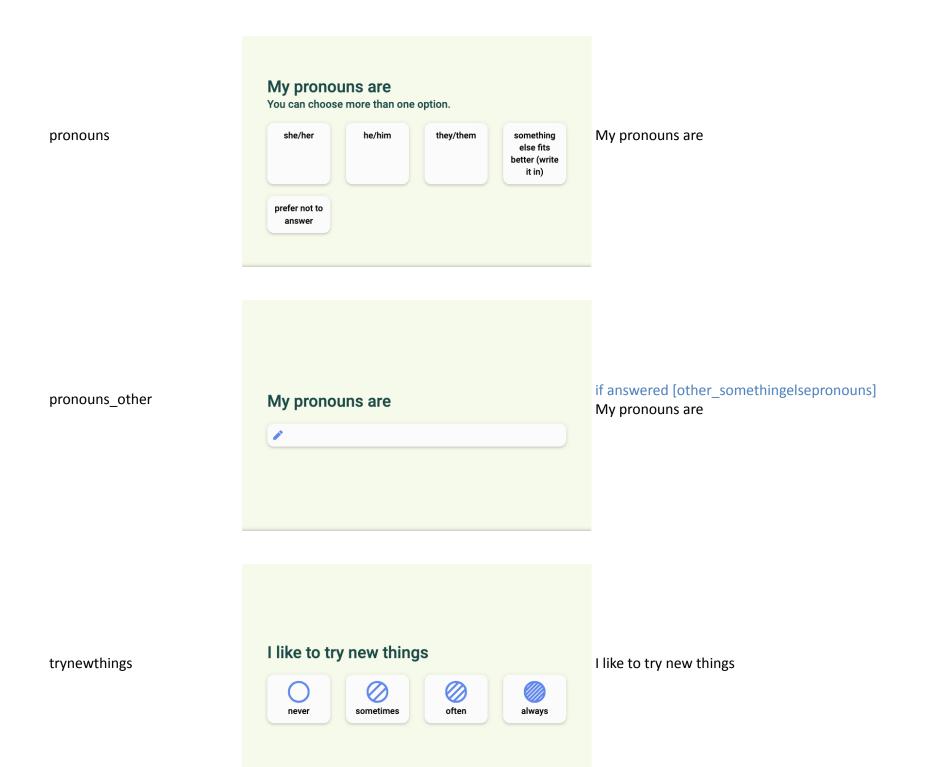
[other_somethingelse]

• prefer not to answer [pqizvb1]

- female [xdm2c9w]
- male [3ntr71y]
- non-binary [yc91qb4]
- something else fits better (write it in)

[other_somethingelse]

• prefer not to answer [pqizvb1]



- she/her [xdm2c9w]
- he/him [3ntr71y]
- they/them [yc91qb4]
- something else fits better (write it in)

[other_somethingelsepronouns]

• prefer not to answer [pqizvb1]

- never [tryingnewthingsfeedback] Yellow
- flag
- sometimes [tryingnewthingsfeedback]
- often Green flag
- always Green flag

feedback_for_trying_new_thi ngs



if answered [tryingnewthingsfeedback] Thank you

It's normal to not want to try new things.

Take on what you can. We are here to support you.



if answered [campstafftool]

When I have a problem I go to my

When I have a problem I go to my

- parent(s) / caregiver(s) Green flag
- sibling(s) Green flag
- grandparent(s) Green flag
- friends Green flag
- aunt / uncle Green flag
- teacher / coach / mentor Green flag
- therapist or counselor Green flag
- co-workers Green flag
- other [support_problems_other] Green

flag

nobody Yellow flag

When I have a problem I go to my

Choose as many as you like





aunt / uncle







teacher / coach /



if answered [campertool]

- parent(s) / caregiver(s) Green flag
- sibling(s) Green flag
- grandparent(s) Green flag
- friends Green flag
- aunt / uncle Green flag
- teacher / coach / mentor Green flag
- therapist or counselor Green flag
- other [support_problems_other] Green

flag

nobody Yellow flag

support problems camper

support_problems_staff

support_problem_other

When I have a problem, I go to my...

if answered [support_problems_other] When I have a problem, I go to my...

like_spend_time_staff



if answered [campstafftool]

At home I usually like to spend time

like spend time camper



if answered [campertool]

At home I usually like to spend time

- listening to music
- studying
- with pets
- doing chores
- on social media
- physical activity
- drawing / art
- watching tv
- reading / writing
- eating
- with friends
- playing video games
- with family
- in nature / outdoors
- listening to music
- doing homework
- with pets
- doing chores
- on social media
- playing sports
- drawing / art
- watching tv
- reading / writing
- eating
- with friends
- playing video games
- with family
- in nature / outdoors

like_spend_time_other



if answered [likespendtimeother]
At home I spend my time...

sleepover_where_camp



if answered [campstafftool]

I have spent one or more nights at

sleepover_where_camper



if answered [campertool]

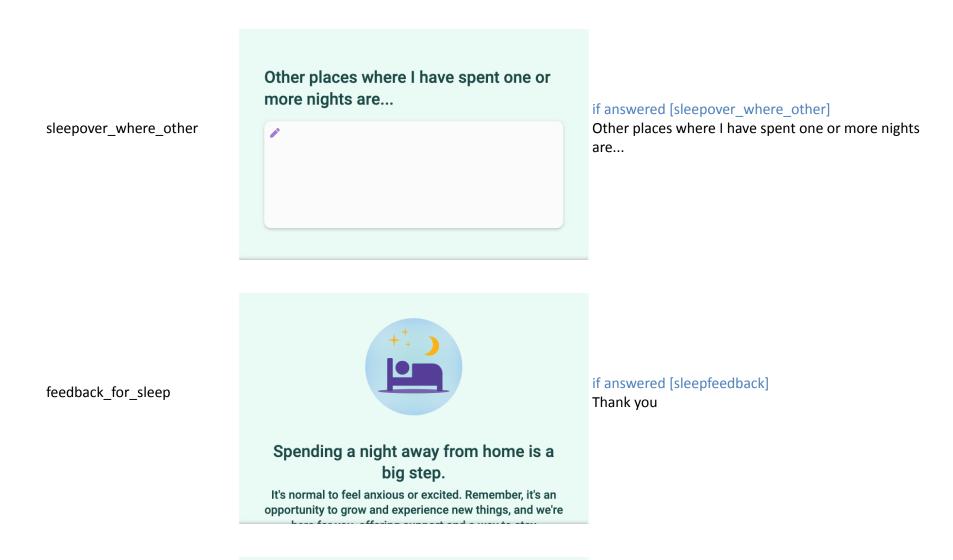
I have spent one or more nights at

- camp
- a friend's home
- other family member's home
- the hospital
- school
- AirBnB / vacation home
- campsite / RV
- a hotel
- university or college
- other [sleepover_where_other]
- I have not spent a night away from home

[sleepfeedback] Yellow flag

- camp
- a friend's house
- other family member's houses
- school
- AirBnB / vacation home
- campsite / RV
- the hospital
- a hotel
- other [sleepover_where_other]
- I have not spent a night away from home

[sleepfeedback] Yellow flag



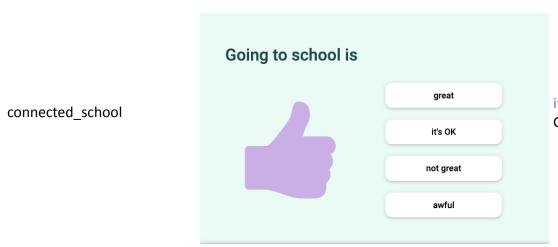
schoolandwork

I am currently...

I am currently...

In school

- In school [student]
- working [working]
- neither
- both [working_student]



if answered [student,working_student]
Going to school is

- great
- it's OK
- not great
- awful [school_awful] Yellow flag



if answered [working,working_student]
Going to work is

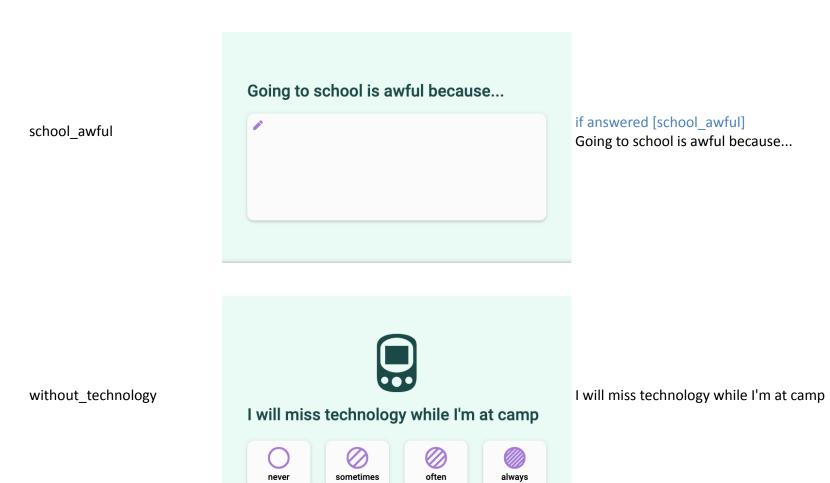
- great
- it's OK
- not great
- awful [work_awful] Yellow flag

work_awful

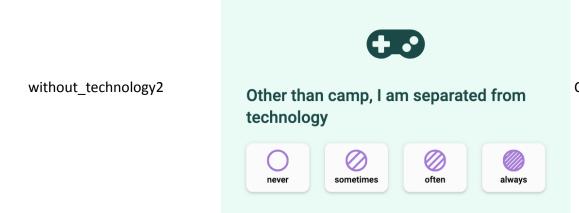
connected_work



if answered [work_awful]
Going to work is awful because...







Other than camp, I am separated from technology

- never [technologyfeedback]
- sometimes [technologyfeedback]
- often [technologyfeedback]
- always [technologyfeedback] Yellow flag

feedback_for_missing_techn ology



if answered [technologyfeedback]

Thank you

Green Time Vs. Screen Time.

Camp is a great way to explore new activities and connect with others in a different way. Remember, it's okay to miss technology, and we're here to support you.

technology_allowed

I think technology at camp should be allowed

I think technology at camp should be allowed

- no
- sometimes
- yes [technology_purpose]

technology_purpose



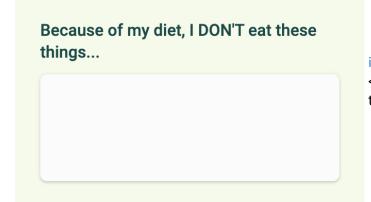
if answered [technology_purpose]

I would like technology at camp because...



Because of my diet, I DON'T eat

- any meat
- beef
- fish
- pork
- any animal products (eggs, honey, milk, etc.)
- other [diet_other]



if answered [diet_other]

Because of my diet, I DON'T eat these
things...



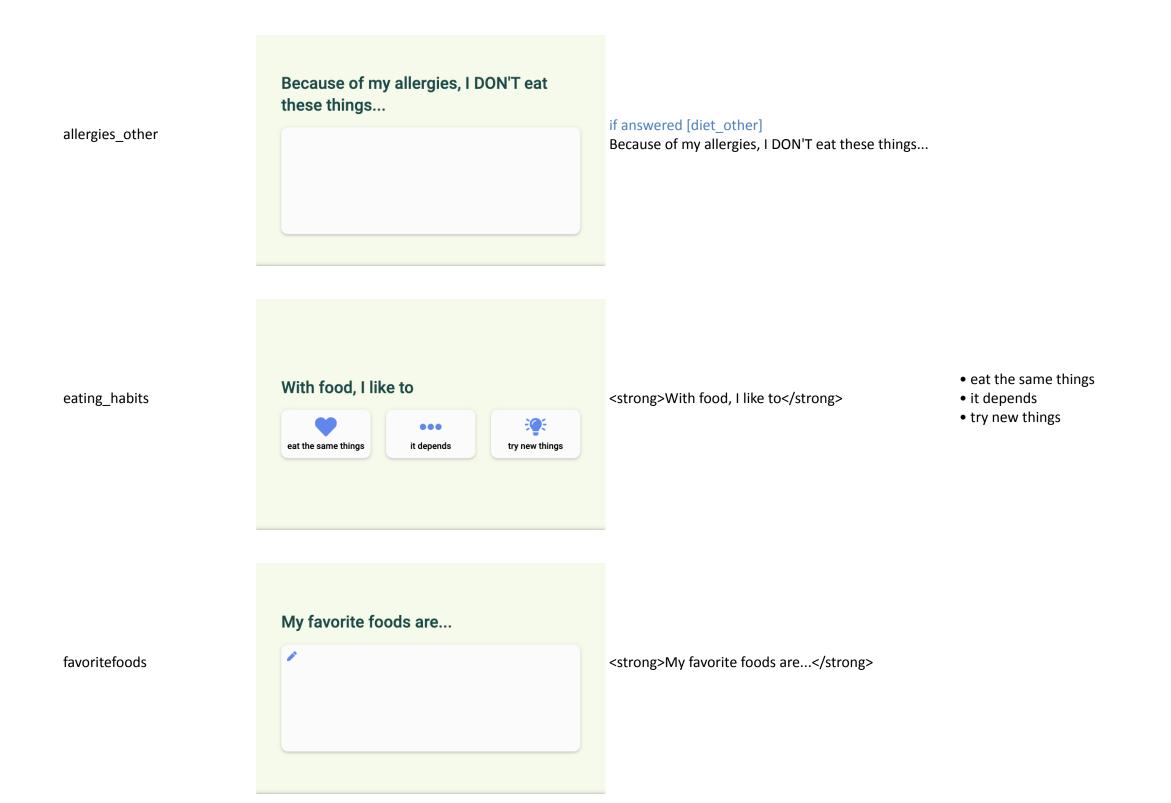
Because of my allergies, I DON'T
eat

- milk
- eggs
- fish
- crustacean / shellfish
- tree nuts
- peanuts
- gluten
- sesame
- soy
- other [diet_other]
- I don't have any food allergies

diet_other

diet

allergies





I have trouble eating enough when I'm away
from home

- no
- sometimes
- yes [eatinghabitfeedback] Yellow flag

feedback_for_eating_habits



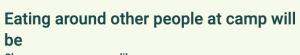
Having trouble eating away from home is normal and understandable.

Remember, camp is here to support you and can help in finding food options that work for you.

if answered [eatinghabitfeedback]

Thank you

eating_at_camp



Choose as many as you like



uncomfortable sometimes





Eating around other people at camp will
be

uncomfortable always

[eatingaroundothersfeedback] Yellow flag

- uncomfortable sometimes [eatingaroundothersfeedback] Yellow flag
- fine
- uncomfortable never

feedback_for_eating_around _others

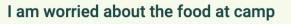


if answered [eatingaroundothersfeedback]
Thank you

Feeling uneasy about eating around others is common, and it's okay to feel that way.

We are here to help and can find ways to make meal times easier and more comfortable for you.

food_at_camp







I am worried about the food at camp

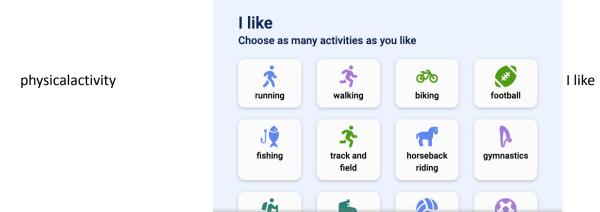
- no
- yes [worriedaboutfoodatcamp] {Worries:
- 1) Yellow flag

worriedaboutfoodtext



if answered [worriedaboutfoodatcamp]

What worries you about food at camp?



physicalactivity_other



I like playing sports

playing_sports



- running
- walking
- biking
- football
- fishing
- track and field
- horseback riding
- gymnastics
- hiking
- skating / hockey
- volleyball
- soccer
- rugby
- swimming

- never
- sometimes
- often
- always

hours_physical_activity

I like to be physically active

Examples of physical activity:, running, dancing, biking, playing outside, swimming, playing tag, etc.

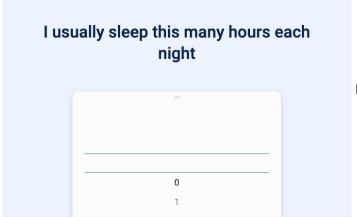






I like to be physically active

hours_sleep



I usually sleep this many hours each night

feedback_for_hours_of_slee



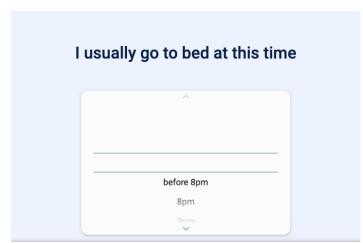
Too much or too little sleep can affect

how you feel.

We are here to support you to get a good nights sleep.

- if answered [sleephoursfeedback]
- Thank you

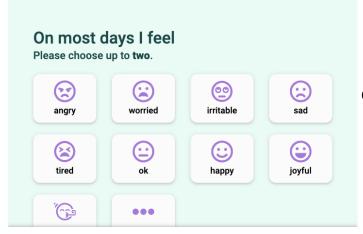
- never
- not usually
- sometimes
- often
- 0 [sleephoursfeedback] Yellow flag
- 1 [sleephoursfeedback] Yellow flag
- 2 [sleephoursfeedback] Yellow flag
- 3 [sleephoursfeedback] Yellow flag
- 4 [sleephoursfeedback] Yellow flag
- 5 [sleephoursfeedback] Yellow flag
- 6 [sleephoursfeedback] Yellow flag
- 7
- 8
- 9
- 10
- 11 [sleephoursfeedback] Yellow flag
- 12 [sleephoursfeedback] Yellow flag
- 13 [sleephoursfeedback] Yellow flag



I usually go to bed at this time

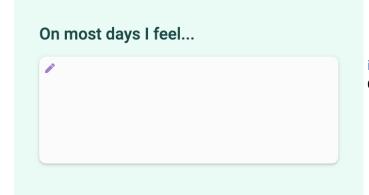


time_go_to_bed



On most days I feel

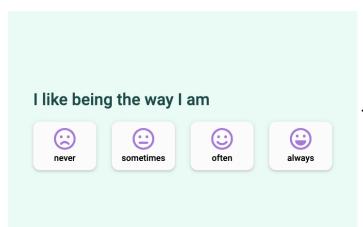
i_feel_other



if answered [ifeelother]
On most days I feel...

- before 8pm
- 8pm
- 9pm
- 10pm
- 11pm
- after 12am
- angry [2mhsjbf] {On most days feels (tally):1}
- worried [n4aots0] {On most days feels (tally):1}
- irritable [f8a7ixp] {On most days feels (tally):1}
- sad [i072e39] {On most days feels (tally): 1}
- tired [6naru95] {On most days feels (tally):1}
- ok [3c6kcrk]
- happy [ifri6q8]
- joyful [f5h8tap]
- excited [f5h8tap]

like_way_they_are



I like being the way I am

• never [ilikethewayiamfeedback] Yellow

flag

- sometimes
- often
- always

feedback_for_i_like_the_way _i_am



if answered [ilikethewayiamfeedback]

These things help me with my life's ups and downs

Thank you

It's okay to feel unsure about yourself; lots of people do.

Remember, everyone is different. At camp each belongs and matters.

• prayer / religious services

- excercise / sports
- meditation
- art / music
- reading / writing
- being in nature
- spending time with friends
- pets / animals
- gaming
- talking to someone I trust

These things help me with my life's ups and downs

Choose as many as you like



art / music









being in nature

coping

other [other_spiritual] nothing

| coping_other | I cope with my life's ups and downs by doing these things | if answered [other_spiritual] I cope with my life's ups and downs by doing these things |
|---------------|---|---|
| anxious_when | I feel anxious or upset when Everyone feels anxious or upset at times especially in new or difficult situations. | l feel anxious or upset when |
| anxious_cause | When I get anxious or upset this happens | When I get anxious or upset this happens |

upset_with_others

When I get anxious or upset, I feel like I can talk to a trusted adult about it

most of the







When I get anxious or upset, I feel like I can talk to a trusted adult about it

- never [icantalktoanadultfeedback] Yellow flag
- sometime of the time [icantalktoanadultfeedback] Yellow flag
- most of the time
- always

feedback_for_i_can_talk_to_ an_adult



if answered [icantalktoanadultfeedback] Thank you

If you feel like you can't talk to a trusted adult, remember it's okay to feel that

Finding the right person to talk to can take time. We're

I feel this way about going to camp Choose as many as you like sad worried angry (<u>:</u>) (<u>:</u> irratable happy

(

•••

(C)

I feel this way about going to camp

- sad [goingtocampfeedback] {Worries:1} Yellow flag
- angry [goingtocampfeedback] {Worries:
- 1) Yellow flag
- worried [goingtocampfeedback]

{Worries:1} Yellow flag

• irratable [goingtocampfeedback]

{Worries:1} Yellow flag

- ok
- happy
- excited
- joyful
- other [thinkaboutfutureother]

feel about camp

feel_about_camp_other

At camp, I will feel...



if answered [thinkaboutfutureother]
At camp, I will feel...

feedback_for_going_to_cam



if answered [goingtocampfeedback]
Thank you

Many campers feel this way, and usually they feel better when they have settled in.

Our camp staff are always there to help if things do not

feelings_to_self

I usually keep my feelings to myself









I usually keep my feelings to myself

- never
- sometimes
- often [ikeepfeelingstomyselffeedback]
- always [ikeepfeelingstomyselffeedback]

Yellow flag

feedback_for_i_keep_feeling s_to_myself

like_spend_time_camp_staff



if answered [ikeepfeelingstomyselffeedback] Thank you

It's understandable to keep your feelings to yourself; many people do.

But sharing your thoughts can be really helpful. We're here to listen whenever you're ready, in a space where

At camp, I would like to spend my time Choose as many as you like

> .0,0 being with campers

> > >

being with other camp

staff

being in

nature/outdoors





••• not sure

if answered [campstafftool]

At camp, I would like to spend my time

like_spend_time_camp_cam per



if answered [campertool]

At camp, I would like to spend my time

- being with campers
- being with other camp staff
- trying new things
- keeping to myself
- learning skills
- being in nature/outdoors
- not sure
- other [likespendtime_other]
- nothing

- with other campers
- trying new things
- keeping to myself
- learning skills
- in nature/outdoors
- not sure
- other [likespendtime_other]
- nothing

like_spend_time_other_cam





if answered [likespendtime_other] At camp, I would like to spend my time...

belongatcamp









(1) strongly I feel like I will really belong at camp

feedback_for_belonging_at_c amp



if answered [campbelongingfeedback] Thank you

It's normal to feel out of place at camp, especially at first.

At camp each person is unique and we're here to make you feel comfortable and safe.

strongly disagree

[campbelongingfeedback] {Worries:1}

Yellow flag

• disagree [campbelongingfeedback]

{Worries:1} Yellow flag

- agree
- strongly agree

camp_worry_staff



if answered [campstafftool]

At camp I might worry about these things

camp_worry_camper



if answered [campertool]

At camp I might worry about these things

camp_worry_other



if answered [worried_other]

At camp I am worried about...

- food {Worries:1}
- being a camp leader {Worries:1} Yellow

flag

visiting the bathroom

[bathroomquestions] {Worries:1}

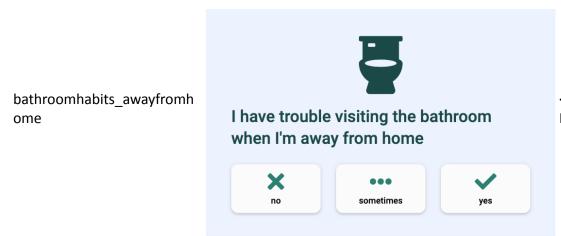
• handling camper conflicts {Worries:1}

Yellow flag

- sleep {Worries:1}
- making friends {Worries:1}
- missing my family {Worries:1}
- not fitting in {Worries:1} Yellow flag
- living with a group {Worries:1}
- getting teased {Worries:1} Yellow flag
- getting sick or injured {Worries:1} Yellow
- food {Worries:1}
- getting teased {Worries:1} Yellow flag
- visiting the bathroom {Worries:1}
- sleep {Worries:1}
- making friends {Worries:1}
- missing my family {Worries:1}
- living with a group {Worries:1}
- not fitting in {Worries:1} Yellow flag
- getting sick or injured {Worries:1} Yellow

flag

- my mental health {Worries:1} Yellow flag
- other [worried_other] {Worries:1}
- nothing



I have trouble visiting the bathroom when
I'm away from home

- no
- sometimes [bathroomworry]
- yes [bathroomworry2] Yellow flag

What worries you about visting the bathroom at camp?



if answered [bathroomworry,bathroomworry2] What worries you about visting the bathroom at camp?

worriedaboutbathroomtext

talk_camp_staff

I think I will be able to talk to a camp counselor when I need help









if answered [campertool]

I think I will be able to talk to a camp counselor when I need help

• never [talkingtostafffeedback] Yellow

flag

- sometimes
- often
- always

feedback_for_talking_at_cam



It's normal to not feel comfortable talking to camp counselors.

We're here for you, whenever you are ready.

if answered [talkingtostafffeedback] Thank you

know_about_me

I would like my camp counselors to know these things about me...

Please include your feelings, what you like, your hobbies, and anything else you want to say

if answered [campertool]

I would like my camp counselors to know these things about me...

endmessage



Thank you for sharing your view.