

## Camp: The Interconnected EcoSystem

Strengthening Roots: Fall Health Conference Friday, October 20, 2023 Nursing Contact Hours will be provided

Times are Eastern Time

TIME	CONTENT
Session One 11 am-12 pm 1 contact hour	Keynote: Self-Awareness/Other-Awareness/Team-Culture Awareness: The MUST-HAVEs to Create Greater Harmony, Fun, and Lasting Success  Jeanne Malnati, MSW, LCSW
	Description: It's a fact: Healthy team dynamics/relationships do not come naturally or easily. They take intentionality, authenticity, and a willingness to put your defensive stance aside. Learn relational leadership principles and interpersonal communication tools that are proven to create a unified workplace culture where individuals consistently feel cared for, trusted, and respected.  Objectives:
	<ol> <li>Learn an experiential tool to identify your relational blind spots and how to then give that "gift" of feedback to others.</li> <li>Learn 3 simple yet powerful communication tools to enable yourself and team members to openly speak their mind and express their feelings.</li> <li>Learn how to lead culture-strengthening Communication Circles, including guidelines to address conflicts that lead to deeper connection.</li> </ol>
12 pm – 12:30 pm	Break for Lunch
Session Two 12:30 pm – 1:30 pm 1 contact hour	Title: Catalyzing Youth Voice and Digital Empathy through using "My View" in Summer Camps.  Barry Garst, PhD  John Hamilton, MA
	Description: This summer ACH collaborated with Tickit Health to pilot My View in a sample of summer camps. This session examines what was learned through the project, with an emphasis on how camps used My View to give youth a voice to express their needs and interests toward the goal of improving care during camp.  Objectives:



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	<ol> <li>Learn the goals and objectives of the My View pilot program.</li> <li>Understand how My View provided access to camper information before camp to improve care during camp.</li> <li>Recognize how to get involved in the program in 2024.</li> </ol>			
1:30pm – 1:45 pm	Break			
Session Three 1:45 pm – 2:45 pm 1 contact hour	Title: Summer Camp 2023: What Did We Learn that Informs Camp Health Services?			
1 contact flour	Barry Garst, PhD			
	Tracey Gaslin PhD, CPNP, FNP-BC, CRNI, RN-BC			
	Description: It is important for us to learn from your experience and our hope is to share what we learn from the ACH hotline as well as our research efforts to support ongoing quality improvement at camp. The intent of this session is to share continued learning and help identify positive interventions that promote the health and wellbeing of everyone at camp.  Objectives:  1. Learn what was shared through the ACH summer health hotline and new considerations for care.  2. Glean key elements from the ACH post-summer survey regarding camp successes and challenges.  3. Identify two elements discussed that can be addressed or improved at your camp.			
2:45-3:00 pm	Break			
Session Four 3 pm – 4 pm 1 contact hour	Title: Advancing Clinical Care at Camp: Tools and Techniques (Panel Discussion)			
	Panel: Emo Castle RN, Eleanor Matthews RN, Sally Baum RN, Mary Marugg, RN Moderator: Tracey Gaslin			
	Description: Learning about clinical activities and techniques can be helpful in providing care in natural settings. This session will highlight care mechanisms that promote health and healing while giving care providers confidence in practice.			
	Objectives:  1. Participants will identify two tools to use in providing care.			



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	<ol><li>Participants will list a method of meeting the health needs of campers or staff in camp and other natural settings.</li></ol>	
4:00pm – 4:15pm	Closing and Forecasting	
www.allianceforcamphealth.org		