



Camp Health Symposium 2023 Connections that Elevate

Monday February 20, 2023: (Eastern time)

12:30pm – 1:00pm	Symposium Mtg Space Evaluation (Board)
1:00pm - 3:00pm 3:00pm – 3:30pm	ACH Board Meeting Closed Session - Board
6:30pm – 7:30pm	ACH Advisory Group Reception

Tuesday February 21, 2023: (Eastern time)

8:00 – 8:30am	ACH Symposium Welcome & Announcements
8:30am –9:00am (0.5 CH)	Connecting Conversations: Mental, Emotional, Social Health (MESH) Speaker: John Hamilton, MA Description: This presentation will outline some of the key features related to mental, emotional, and social health. As MESH needs continually evolve, we need to engage in ways to promote ongoing learning and discussion for immersive learning experiences.
9:00am – 10:15am	Discussion Groups (Shawn Ness, Erica, John)
10:15am – 10:30 am	Break
10:30am – 11:00am (0.5 CH)	Connecting Conversations: Complexities of Health Services Speaker: Tracey Gaslin PhD, CPNP, FNP-BC, CRNI, RN-BC Description: Overseeing Camp Health Services can require some advanced skills in communication, assessment (particularly regarding future needs), and clinical intervention. This future-oriented session will outline some of the more complex aspects of camp health with ideas for navigating this community-based care model.
11:00am – 12:15pm	Discussion Groups (Lynne R., Mary M., Katie S., Tracey)
12:30pm – 1:30pm	ACH Luncheon & Awards
1:45pm – 2:45 pm (1 CH)	How the Camp Community Uses (or doesn't use) Camp Health Information: What We Know and What We Need to Know" Speaker: Barry Garst PhD Description: Learning how to use information and research in practice is often a skill lost in translation. This session will outline what we know about how camps are currently using camp health research and what aspects continue to need attention and reinforcement to help create a foundation for quality health practices.
2:45 – 3:30pm	Emerging Topics Discussions

Wednesday February 22, 2023: (Eastern time)

<i>ACH/ACA Collaborative Health Initiative</i>	
AM Session One (1.25 CH) 8:30am - 9:45am	Title: Moving Forward Through COVID Presenters: B. Garst; T. Gaslin Description: COVID has overwhelmed much of our lives. The way we live, engage with one another, and participate in community events. We are all experiencing some levels of “COVID fatigue” and are finding it hard to decide how to move forward. This session will outline the key considerations regarding providing community based/camp experiences with the ever-present risk of communicable illness. This session will help camp professionals identify risk management efforts that help to protect and serve youth in our care.
Break	
PM Session One (1.25 CH) 1:15pm – 2:30pm	Title: Mental, Emotional, Social Health: Guidance for Generational Differences Presenter: J. Hamilton Description: As we learn about providing care beyond the physical needs of participants, we realize there are many varied ways to navigate mental health services based on our generational worldview. This session will help us understand how different generations play a role in effectively caring for others.
Lunch on Own	
PM Session Two (1.25 CH) 2:45pm – 4:00pm	Title: Considerations in Managing Camp Health Services Presenters: Panel (Shawn Ness, Ariella Rogge, Dave Thoensen) Description: Camp Health Services is a responsibility of everyone at camp. However, the individual responsible for the health services programs may not have health training to feel confident in leading these efforts. This session will outline foundational skills as the manager of health services. This session will help to equip camp directors and leaders to support camp healthcare providers promoting collaboration and positive youth outcomes.
Break	
PM Session Three (1.25 CH) 4:15pm – 5:30pm	Title: What’s New in Camp Health: Bats, Bugs, and Other Mysteries Presenters: T. Gaslin, M. Marugg, M. Ambrose Description: The beauty and challenge of camp is the interactions between the natural environment and human engagement . There are new and evolving influences that require vigilance as we strive to keep participants healthy and well. This session will outline some of the current influences that we should consider as we plan for summer 2023.

Nurses: To obtain contact hours for this event –

- Complete the registration process.
- Attend sessions in the schedule.
- Complete the evaluation form for each of the sessions.

This nursing continuing professional development activity has been submitted to the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.