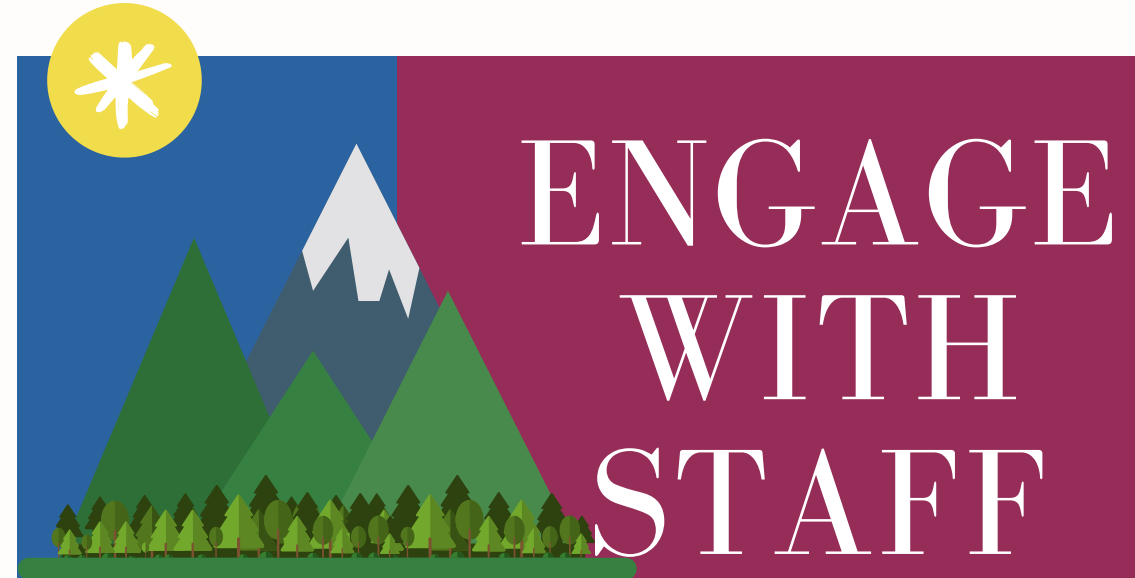


STAFF MESH SUPPORT

MECHANISMS TO SUPPORT CAMP STAFF MENTAL, EMOTIONAL, AND SOCIAL HEALTH



ENGAGE WITH STAFF

RECOGNITION AFFIRMATION



YAY

STAFF LIFE FACILITATOR



PHYSICAL GAIN

PHYSICAL ACTIVITY



YOGA

RUNNING

HIKING

PERSONAL TIME IN CAMP ACTIVITIES

100 CAMP TASKS COMPLETED = REWARDS



MENTAL PLAY

BREAKAWAY SPACE & TIME

- HAMMOCKS**
- FOREST TIME**
- READING**
- TECHNOLOGY**
- BOARD GAMES**




THERAPY

CONNECTING WITH PEOPLE AND ANIMALS




MAKE RESOURCES AVAILABLE

- INSTEAD OF AN "OPEN DOOR POLICY" ~ BRING THE "DOOR" TO STAFF**
- LET STAFF KNOW YOU ARE "HOLDING SPACE FOR THEM"**
- MAKE MENTAL HEALTH RESOURCES ACCESSIBLE**



BEST BEHAVIORS

- SELF-EVALUATE YOUR PERSONAL ATTRIBUTES**
- VALIDATE PEERS IN PRACTICE**
- LEARN ABOUT STAFF IN ADVANCE**
- LISTEN, LISTEN, LISTEN**

