

Psychotropic Medications - Resource for Camps

2019

This guide is not a substitute for advice and information received from a professional healthcare provider. The purpose is to be a reference for camp settings by providing useful information regarding the array of medications that may be taken by campers or staff. In no way, should this guide be used to diagnose or treat an individual at your facility. Use of these medications varies among practitioners. Always consult a parent, guardian, and/or healthcare provider with concerns or questions.

Antidepressants

These medications are most commonly used to treat depression, but some can also be used for anxiety, pain, and insomnia.

Medication	Helpful Information
Ambien	<p>Watch for: Nausea/vomiting, diarrhea, sleepiness, insomnia.</p> <p><i>Call for medical help if: Individual has thoughts of suicide/dying; attempts to commit suicide, worsening anxiety, feeling agitated, acting aggressively or on dangerous impulses, extreme increase in activity (mania).</i></p> <p><u>Never stop</u> an antidepressant medication without the assistance of the medical care provider.</p>
Asendin	
Brintellix	
Celexa	
Cymbalta	
Desyrel	
Effexor	
Elavil	
Lexapro	
Lidiomil	
Lunesta	
Luvox	
Nardil	
Norpramin	
Pamelor	
Parnate	
Paxil	
Prozac	
Pristiq	
Remeron	
Restoril	
Serzone	
Sinequan	
Surmontil	
Tofranil	
Vivactil	
Wellbutrin	
Zoloft	

Anti-Anxiety

These medications are used to reduce symptoms of anxiety, including panic attacks, or extreme fears or worry.

Medications	Helpful Information
Atarax	<p>Watch for: Nausea, blurred vision, headache, confusion, tiredness, nightmares. Most all medications in this category cause <u>sedation</u>.</p> <p><i>Call for medical help if: Individual has dizziness, unsteadiness, difficulty thinking/remembering, muscle or joint pain, swelling of eyes/lips/face, seizures, yellowing of skin, thoughts of suicide, difficulty breathing.</i></p>
Ativan	
Buspar	
Centrax	
Klonopin	
Lexapro	
Librium	
Serax	
Tranxene	
Valium	
Xanax	

Stimulants

These medications stimulate alertness, attention, and energy. Some may also elevate blood pressure, heart rate, and respiration rate. Some of these medications are used to treat ADD/ADHD.

Medications	Helpful Information
Adderall	<p>Watch for: Difficulty falling asleep or staying asleep, loss of appetite, stomach pain, headache</p> <p><i>Call for medical help if: Motor or verbal tics, personality changes (without emotion)</i></p> <p>*There are time-release forms of Methylphenidate allowing the medication to be released in body over a period of time.</p>
Catapres	
Concerta*	
Cylert	
Daytrana*	
Dexedrine	
Focalin	
Metadate	
Norpramin	
Provigil	
Ritalin*	
Strattera	
Vyvanse	

Antipsychotics

These medications are primarily used to treat psychosis (conditions that affect the mind and in which there has been some loss of contact with reality). These individuals may have delusions or hallucinations. Physical disorders treated include schizophrenia, bipolar disorder, or severe depression (psychotic depression).

Medications	Helpful Information
Abilify	<p>Watch for: Drowsiness, dizziness, dry mouth, constipation, nausea/vomiting, blurred vision, tics or tremors</p> <p><i>Call for medical help if:</i> <i>Persistent muscle spasms, tremors, restlessness</i></p> <p>Contact a medical provider before stopping <u>any</u> antipsychotic, especially if individual has been taking long term.</p>
Anafranil	
Clozaril	
Compazine	
Haldol	
Loxitane	
Mellaril	
Moban	
Prolixin	
Risperdal	
Serentil	
Seroquel	
Stelazine	
Thorazine	
Trilafon	
Trileptal	
Zyprexa	

Mood Stabilizers

These medications are primarily used to treat bipolar disorder and mood swings. Some may also be used to address depression, impulse control, and other mental illnesses.

Medications	Helpful Information
Abilify	<p>Watch for: Itching, rash, excessive thirst, tremor of hands, frequent urination, nausea/vomiting, sedation, weight gain, hair loss.</p> <p><i>Call for medical help if:</i> <i>Slurred speech, fast or irregular heart rate, blackouts, changes in vision, seizures, hallucinations, swelling of eyes, face, or extremities; abnormal thinking, uncontrollable shaking, ringing in ears</i></p>
Depakote, Depakene	
Geodon	
Lamictal	
Latuda	
Lithobid	
Neurontin	
Risperdal	
Seroquel	
Tegretol	
Topamax	
Trileptal	
Zyprexa	

Alphabetical Order by Generic Name

	Generic Name	Brand Name	Current Uses
1	Alprazolam	Xanax	Anxiety, panic, insomnia
2	Amitriptyline	Elavil, Endep	Depression
3	Amoxapine	Asendin	Psychotic depression
4	Aripiprazole	Abilify	Schizophrenia, aggression, mood stabilizer
5	Atomoxetine	Strattera	ADD
6	Bupropion	Wellbutrin	Depression, anxiety
7	Buspirone	Buspar	Anxiety
8	Carbamazepine	Tegretol	Bipolar, seizures, mood stabilizer
9	Clonidine	Catapres	Impulse control, ADHD, insomnia
10	Chloriazepoxide	Librium	anxiety
11	Chlorpromazine	Thorazine	schizophrenia
12	Citalopram	Celexa	Depression, anxiety (SSRI)
13	Clomipramine	Anafranil	OCD, depression
14	Clonazepam	Klonopin	Anxiety, seizures, insomnia
15	Clorazepate	Tranxene	anxiety
16	Clozapine	Clozaril	schizophrenia
17	Desipramine	Norpramin	Depression, ADD
18	Desvenlafaxine	Pristiq	Depression
19	Dextroamphetamine	Adderall, Dexadrine	ADD, impulse control, attention
20	Dexmethylphenidate	Focalin	ADD, impulse control
21	Diazepam	Valium	Anxiety, insomnia
22	Divalproic acid	Depakote	Bipolar, seizures, mood stabilizer
23	Doxepin	Adapin, Sinequan	depression
24	Duloxetine	Cymbalta	Depression, anxiety
25	Escitalopram	Lexapro	Depression, anxiety (SSRI)
26	Eszopiclone	Lunesta	sleep
27	Fluoxetine	Prozac	Depression, OCD, panic, anxiety (SSRI), eating disorders
28	Fluphenazine	Prolixin	Schizophrenia
29	Fluvoxamine	Luvox	OCD, depression (SSRI)
30	Gabapentin	Neurontin	Seizures, mood stabilizer
31	Haloperidol	Haldol	Schizophrenia
32	Hydroxyzine	Atarax, Vistaril	Anxiety, sleep
33	Imipramine	Tofranil	Depression, panic, bedwetting
34	Lamotrigine	Lamictal	Seizures, mood stabilizer
35	Lisdexamphetamine	Vyvanse	ADD, attention, impulse control
36	Lithium	Lithobid	Bipolar, mood stabilizer
37	Lorazepam	Ativan	Anxiety, seizures, insomnia
38	Loxapine	Loxitane	schizophrenia
39	Lurasidone	Latuda	Mood stabilizer, aggression
40	Maprotiline	Ludomil	depression
41	Mesoridazine	Serentil	schizophrenia

42	Methylphenidate	Ritalin, Concerta, Metadate, Daytrana	ADD, impulse control, attention
43	Mirtazapine	Remeron	depression
44	Modafanil	Provigil	ADD, sedation
45	Molindone	Moban	schizophrenia
46	Nefazodone	Serzone	depression
47	Nortriptyline	Pamelor	Depression
48	Olanzapine	Zyprexa	Schizophrenia, aggression, mood stabilizer
49	Oxazepam	Serax	anxiety
50	Oxcarbazepine	Trileptal	Bipolar; seizures
51	Paroxetine	Paxil	Depression, OCD, panic, anxiety (SSRI)
52	Pemoline	Cylert	ADD
53	Perphenazine	Trilafon	schizophrenia
54	Phenelzine	Nardil	depression
55	Prazepam	Centrax	anxiety
56	Prochlorperazine	Compazine	schizophrenia
57	Protriptyline	Vivactil	depression
58	Quetiapine	Seroquel	Schizophrenia, aggression, mood stabilizer
59	Risperidone	Risperdal	Schizophrenia, aggression, mood stabilizer
60	Sertraline	Zoloft	Depression, OCD, panic, anxiety (SSRI)
61	Temazepam	Restoril	sleep
63	Thioridazine	Mellaril	schizophrenia
63	Topiramate	Topamax	Seizures, mood stabilizer
64	Tranlycypromine	Parnate	depression
65	Trazodone	Desyrel	depression
66	Trifluoperazine	Stelazine, Vesprin	schizophrenia
67	Trimipramine	Surmontil	depression
68	Valproic Acid	Depakene	Bipolar, seizures
69	Venlafaxine	Effexor	Depression, anxiety
70	Vortioxetine	Brintellix	depression
71	Zaleplon	Sonata	insomnia
72	Ziprasidone	Geodon	Aggression, mood stabilize
73	Zolpidem	Ambien	sleep

Before taking these medications, be sure to encourage campers and staff to do the following:

1. Tell the camp healthcare provider(s) about all medications being taken.
2. Tell the camp healthcare provider(s) about any allergies or a history of problems with any medications.
3. Receive full and complete instructions regarding how to take the medication.

***Previous edition of this document created by Christopher Thurber PhD and Joshua Gear MD (2015).*

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